"I come to you with only Karate, empty hands, I have no weapons, but should I be forced to defend myself, my principles, or my honor; should it be a matter of life or death, or right or wrong; then here are my weapons Karate, my empty hands."

--Ed Parker

NAME: _____

PHONE: _____

3rd DEGREE BROWN BELT

Ed Parker's Kenpo Karate

INTERNATIONAL KENPO KARATE ASSOCIATION

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3rd DEGREE BROWN BELT PLEDGE

I pledge that as my skill as a teacher progresses I will never condemn, ridicule, embarrass or shame any student or fellow instructor in the presence of a class or group. All grievances or disputes shall be conducted in private away from group observation.

SYNONYMS

All self-defense techniques have been given names to simplify teaching. Many of the names or words have been chosen because of their symbolic meanings.

- DARKNESS OR DARK - Attack from the rear or flank because they are coming from the unknown
- MARRIAGE, COURTING OR PLURAL WORDS SUCH AS EAGLES, FLACONS, SNAKES, ETC... - Refer to two-man attacks
- LANCE - Refers to knife attacks
- FAN OR FANS - Circular parries

SAYINGS

There are only a set number of basic moves -- all else are variations of the same.

When you exaggerate a move you can build an offense into a defense. When you condense a move the reverse holds true.

You must earn what you learn.

Environment involves what is around you, on you, and in you at the time of confrontation.

Mastery of the Art comes when the tiger is seen, but the dragon prevails.

NOTES

3rd Degree Brown Belt techniques encompass more footwork and kicks and involve return moves after covering out.

3rd DEGREE BROWN BELT REQUIREMENTS

TECHNIQUES		✓
1.	Glancing Spear (Front -- right direct, left wrist grab)	
2.	Thrust into Darkness (Rear -- right step-through punch)	
3.	Circling Fans (Front -- left & right front straight punch combination)	
4.	Rotating Destruction (Front -- right snap & left spinning back kicks)	
5.	Falcons of Force (Flank -- left & right shoulder grabs / 2-men)	
6.	Bear and the Ram (Front -- right punch / Rear -- bear hug, arms free / 2-men)	
7.	Raining Lance (Front -- right step-through overhead knife)	
8.	Desperate Falcons (Front -- two-hand direct grabs to both wrists)	
9.	Leap of Death (Front -- right step-through straight punch)	
10.	Protecting Fans (Front -- left & right punch combination)	
11.	Deceptive Panther (Front -- right low snap kick & high roundhouse kick combo)	
12.	Courting the Tiger (Flank -- left & right arm & shoulder grabs / 2-men)	
13.	Gathering of the Snakes (Front -- left punch / Rear -- right punch / 2-men)	
14.	Glancing Lance (Front -- right step-through knife thrust)	
15.	Dominating Circles (Front -- offset right hand grab to the right shoulder)	
16.	Destructive Fans (Left flank -- right step-through punch)	
17.	Unfurling Crane (Front -- left & right punch combination)	
18.	Grasping Eagles (Front -- right lapel grab / Rear -- right arm grab / 2-men)	
19.	Parting of the Snakes (Front -- right punch / Rear -- attempt / 2-men)	
20.	Thrusting Lance (Front -- right step-through knife thrust)	
21.	Blinding Sacrifice (Front -- two-hand shoulder grab)	
22.	Snakes of Wisdom (Flank -- left & right shoulder grabs / 2-men)	
23.	Entwined Lance (Front -- right step-through knife thrust)	
24.	Falling Falcon (Front -- right direct lapel grab)	
FORMS & SETS		✓
1.	Long Form 3	
2.	Blocking Set 2	
3.	Stance Set 2	
4.	Personal Form	